

One thing at the time

Objectives:

- Become familiar with key concepts related to the disaster management cycle
- Be better prepared to deal with earthquake emergencies
- Know the correct behaviour to adopt in an emergency

STEP BY STEP

BEFORE STARTING

The activity is introduced by emphasising that awareness of what to do and what to avoid in the event of an earthquake is fundamental to preventing and mitigating damage. Three phases will be distinguished: before, during and after.

ASSOCIATE EACH ACTION WITH THE CORRESPONDING PHASE

The teacher writes down on different sheets of paper/post it the behaviours associated with the different phases of the earthquake. Depending on the number of teams planned, each behaviour in each

phase should be written on different coloured post-it notes (e.g. if two teams are planned, all the behaviours of the three phases will be written on yellow and green post-it notes).

The teacher can use the attachment "One thing at the time - Behaviours" (below) to see some possible actions to be associated with the different phases.

The class then attach 3 posters with the words: BEFORE - DURING - AFTER in 3 different locations inside the classroom.

Divided into teams, they distribute the same number of post-its, using the same-coloured post-its for each of the groups. Like a relay race, the members of each group must stick the post-its under the corresponding phase. To make the challenge more complicated and exciting, misleading elements or incorrect actions can also be included. The winner is the one who associates the most actions with the correct phase in the time set by the teacher (e.g. 5 minutes).

RECONSTRUCTING THE PHASES

Once the game has been completed, the answers are checked, the incorrect ones are re-located and discussed in plenary.

THE PHASES OF THE EMERGENCY

The teacher writes on each of the three boards the following words and asks the class how each written word acts in the associated phase (e.g., how does PREVENTION act BEFORE an earthquake occurs?)

PREVENTION/PREPARATION - EMERGENCY
MANAGEMENT - RECOVERY

PARTICIPATORY CONSTRUCTION OF DEFINITIONS

The class brainstorm the following definitions:

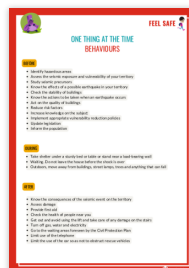
PREVENTION - PREVENTION AND PREPARATION -
EMERGENCY MANAGEMENT -RECOVERY
(the glossary can be consulted).

CONCLUDING THOUGHTS

Starting from the given behaviours, we reflect on the
behaviours that each and every one of us can

concretely implement, those for which the help of an
adult is needed and those for which we need to call in
technicians and experts.

ATTACHMENTS



One thing at the time -Behaviours

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