



FEEL SAFE



THE EMERGENCY KIT GUIDE

ITEMS LIST

OBJECT	SIZE	QUANTITY
Twine	3	
Headsets	2	
Torch	10	
Documents	5	
Canned food	20	
Patches	5	
Small radio	30	
Rechargeable batteries	10	
Utility knife	5	
Drinking water	5	
Tampons	10	
Playing cards	2	
Whistle	5	

OBJECT	SIZE	QUANTITY
Lighter	4	
Fiction book	5	
Soft toy	5	
Hygiene material (toilet paper)	5	
Glasses	4	
Copy of house keys	5	
Medicines	20	
Clothes	20	
Markers	5	
Mug	5	
Blanket	5	
Phone charger	10	

TOTAL

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